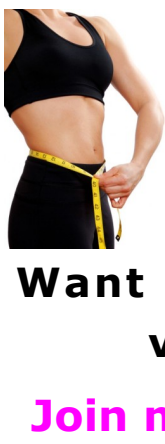


THE BARBEELOVE FITNESS



Want to **LOSE WEIGHT** and win a **FREE** vacation stay in **LAS VEGAS?**

Join my **3 week LIVE ONLINE boot camp** **NOW**, and get **ANOTHER WEEK FREE!**

Just... \$167!

Time: 6:00am-6:30am

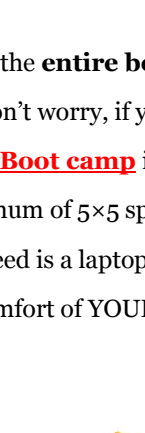
When:

M,W,F,and Sat

May 5-31

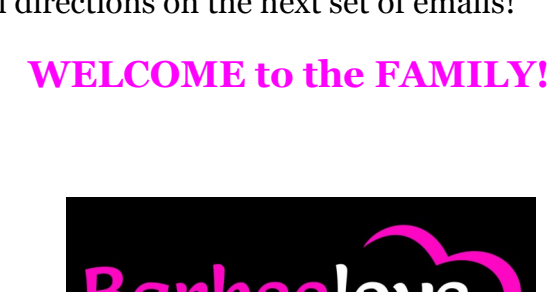
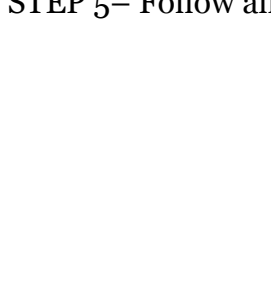
HERE IS WHAT YOU GET:

- FREE customizable **FAT BURNING** meal plan & grocery list
- 4 fat burning workouts live and online with ME each week (no equipment needed)
- Access to ME
- FREE recipes to keep your food exciting
- FREE Barbeelove Fitness t-shirt
- The chance to win one of 3 vacation stays in Vegas (if you lose the most body fat % during my boot camp)
- SERIOUS ACCOUNTABILITY
- AND MORE!



Sign Up Now

Get ready for **30 minutes** of **LIVE** heart pounding workouts that focus on the **entire body**. Each workout is designed to give you a **cardio blast** while **building muscle**. Don't worry, if you are here to lose weight, you will burn lots of calories. The **Barbeelove Fitness Boot camp** is one of the most accessible you will ever take. No equipment is needed, only a minimum of 5x5 space in your home. I'll be there live with you via videoconferencing, so all you will need is a laptop, iPad, iPod, iPhone, any kind of tablet, or smart phone with a camera! All in the comfort of YOUR own home!!



STEP 1- Go to: www.barbeelovefitness.com/programs

STEP 2- Click the "3 Week Body Burn boot camp" (you will automatically get an additional week FREE)

STEP 3- Enter a coupon code for an additional \$5 off (if you have a code) and a **bonus gift**

STEP 4- Pay for your spot! You are automatically in the running for the FREE VEGAS VACATION STAY!

STEP 5- Follow all directions on the next set of emails!

WELCOME to the FAMILY!



www.barbeelovefitness.com

Email me at:

tamara@barbeelovefitness.com

Call: 772-444-BFIT